



# COVID-19

## Quarantine Guidance

On December 27, 2021, the CDC updated guidance for isolation of individuals who test positive for COVID-19 and quarantine of individuals who become exposed to someone who has COVID-19. Alamo Colleges has updated its procedures for isolation and quarantine to align with this new guidance from the CDC as follows:

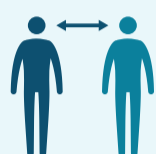
### Testing Positive for COVID-19

#### Guidance for Unvaccinated & Vaccinated Employees



#### STAY HOME FOR 5 DAYS

- Notify your supervisor and submit a COVID-19 Report if you test positive for COVID-19.
- Use your available sick leave or other leave for pay continuation.
- On your 4th day at home, contact your Risk Coordinator to report the status of your symptoms to determine if and when you can return to work on-site.



#### IF YOU'RE FEELING BETTER OR SYMPTOMS ARE RESOLVING AFTER 5 DAYS

- If you have no symptoms, or your symptoms are resolving after 5 days, you can leave your house.
- If you have access to a test and want to get test, the best approach is to use an antigen test towards the end of the 5-day isolation period. Do not take a PRC test for 60 days after testing positive as it will continue to read positive.
- Keep a safe distance from others and avoid gathering in crowded spaces.



#### CONTINUE TO WEAR A MASK FOR AN ADDITIONAL 5 DAYS

- If your symptoms are resolving after 5 days, your Risk Coordinator will clear you to return to work on-site wearing a well-fitted mask for another 5 days.
- If your symptoms are not resolving or you are unable/unwilling to wear a mask for an additional 5 days, you will be required to stay home in a non-work status and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.

### EXPOSED TO SOMEONE WITH COVID-19

#### GUIDANCE FOR EMPLOYEES WHO ARE: FULLY VACCINATED \*



**WEAR A MASK AROUND OTHERS FOR 10 DAYS.**



**IF YOU DEVELOP SYMPTOMS, GET TESTED AND STAY HOME.**

#### GUIDANCE FOR EMPLOYEES WHO ARE: NOT FULLY VACCINATED \*



**STAY HOME FOR 5 DAYS. AFTER THAT, WEAR A MASK AROUND OTHERS FOR AN ADDITIONAL 5 DAYS.**



**IF YOU DEVELOP SYMPTOMS, GET TESTED AND STAY HOME.**



**IF YOU CAN'T QUARANTINE, YOU MUST WEAR A MASK FOR 10 DAYS.**

- "Exposed" means: you have been in close proximity (within 6 feet) for more than 15 minutes with someone who had COVID-19 symptoms or tested positive.
- If you are exposed, notify your supervisor and submit a COVID-19 Report.
- If you are unable/unwilling to wear a well-fitting mask for 10 days, you will be required to stay home and use any available sick leave or other leave.
- Your Risk Coordinator will work with you to determine when you will be cleared to return to work on-site.

\* "Fully Vaccinated" means employee has: received their booster vaccine, completed the primary series of Pfizer or Moderna vaccine within the last 6 months, or completed the primary series of J&J vaccine within the last 2 months

\* "Not Fully Vaccinated" means employee: is unvaccinated, received the primary series of Pfizer or Moderna vaccine over 6 months and is not boosted, received the primary series of J&J vaccine over 2 months ago and is not boosted.

### REMOTE WORK

Your supervisor may direct you to work from home if your job can be performed remotely, you believe that you are well enough, and your supervisor determines that such remote work would be particularly valuable to the College District during the pendency of your quarantine.

### RISK COORDINATORS

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