Presentation Name	Description	Presenter/s	Location	Session Times
A Day in the Admissions Office	This session will cover what the Admissions office does and go over forms that are collected and how they should be filled out.	April Reyna	NAHC 338	Session 5 (3-3:45pm)
Alamosync 101	Review Alamosync and its capabilities	Mark Bigelow	NAHC 218	Session 5 (3-3:45pm)
Benefits	An overview of benefits for Alamo Colleges staff	Geena Johnson	MLC 4 th FI	Session 2 (11-11:45am) Session 4 (2-2:45pm)
Boxing 101	Come & Learn the fundamentals of boxing	Hector Ramos	LSC 2 nd FI	Session 3 (1-1:45pm)
Card Making Volunteer	Join us in making cards for the Fisher House .	Nicole France	LSC Staff Lounge	Session 2 (11-11:45am) Session 3 (1-1:45pm)
Creating and Sustaining a New Student Orientation Leadership Program	This session will cover recruiting methods, leadership training for ambassadors, and incentive pay for ambassadors and retention methods. Participants will also be provided with Student Leadership curriculum and student contract examples.	Monica Baiza Garcia Marisa Martinez Harley Williams	NAHC 339	Session 2 (11-11:45am)
Dance, Dance, Dance	Come and dance the stress away!!	Roxanne Barrera	LSC 2 nd FI	Session 1 (10-10:45am) Session 4 (2-2:45pm)
Emotional Intelligence: An introduction to the perspective, approach and getting to know your self	Emotional Intelligence is a set of competencies that help individuals recognize their way of managing and recognizing their own emotions and behaviors. Being in tune with our own behaviors in the workplace can help us better manage the emotions and behavior of others. To do this, we'll look at some of the key characteristics of emotional intelligence.	Laura Salas Villanueva	NTC 318	Session 3 (1-1:45pm) Session 4 (2-2:45pm) Session 5 (3-3:45pm)

Escape Space: Unlocking the Airlock to Survival	Escape Space: Setting the Scene: You and your crew are orbiting the Earth on the International Space Station. NASA Mission Control has reported to the crew they are getting a caution and warning system alarm of a rapid depress and their pressure sensors detect a loss of air pressure on the space station. This is a classroom escape experience	Jennifer Becerra Celina Terrones	Scobee Center	Session 3 (1-1:45pm)
Family & Medical Leave Act (FMLA)	An overview of FMLA for Alamo Colleges staff	Geena Johnson	MLC 4 th FI	Session 1 (10-10:45am) Session 3 (1-1:45pm)
Fire Extinguisher & Chair Evacauation Training		SAC Fire Academy	SAC Mall Area	Session 5 (3-3:45pm)
Gym Equipment 101	Come and learn how to use the workout equipment in the staff gym. Staff will also get a quick overview of what areas are targeted with the different workout equipment	SAC Kinesiology Staff	Candler Staff Gym	Session 5 (3-3:45pm)
Home Buying & Mortgage Programs	This workshop has information on home buying and will discuss mortgage programs	Bianca Killey	MLC 133	Session 4 (2-2:45pm)
Leading by the Speed of Trust Introduction	More relevant than ever, the new Leading at the Speed of Trust® 3.0 solution helps organizations create a high-trust culture of collaboration and engagement, resulting in greater speed and lower costs throughout the organization. This solution has been developed with an intense focus on helping organizations increase trust among their teams by focusing on 13 behaviors that, when implemented, will sustain changes in human behavior and lead to lasting change within their organization.	Darryl Nettles	NAHC 218	Session 1 (10-10:45am) Session 3 (1-1:45pm)

Luna Loteria	Enjoy a game of Loteria that is out of this world	Jennifer Becerra Celina Terrones	Scobee Center	Session 4 (2-2:45pm)
Minute to Win It	Team building activity with fun and friendly competition. It takes a Minute to Win It!	Melissa Garcia	LSC Fiesta Room	Session 2 (11-11:45am) Session 5 (3-3:45pm)
Networking with LinkedIn	Participants will learn how the importance of networking by utilizing LinkedIn as a tool for their professional development. LinkedIn is a professional platform for resume and skill building, marketing and career building.	Patricia Medina	NAHC 338	Session 1 (10-10:45am) Session 3 (1-1:45pm)
Not Easier Just Less Difficult	An overview of dealing with end-of-life issues	Felix B. Gonzales	NTC 318	Session 1 (10-10:45am) Session 2 (11-11:45am)
Project Pollinator Habitat!	Help Eco Centro construct a couple of small pollinator supporting features such as pollinator "hotels" and bird and butterfly waterers while learning what we can all do to support native pollinators in our everyday lives	Cecile Parrish and Eco Centro staff	Greenhouse by Chance	Session 3 (1:00-1:45pm)
Promote your program	Understand the ins and outs of how to publicize your program or department with KSYM 90.1 FM radio, Public Relations and The Ranger print newspaper and website. Where do you start? Why is it important? Who needs to know? How does it benefit the program or students? What is the difference among The Ranger, "The	Tricia Buchhorn Mandy Derfler Russell Guerrero James Velten	NAHC 339	Session 1 (10-10:45am)
	Sauce" and SAC Talks?			

Rescue Rangers Advocates for Students	Rescue Rangers is a network of staff and faculty who volunteer their time to remain informed and engaged to assist students in navigating the college culture. Participants will learn how to become a Rescue Ranger and assist students, staff and faculty on campus.	Rescue Ranger Committee Members	NAHC 338	Session 2 (11-11:45am) Session 4 (2-2:45pm)
Ronald McDonald Volunteer Event	Join us as we volunteer at the Ronald McDonald Home	Carrie Hernandez	Offsite	Session 3/4 (1:00pm-2:45pm)
SAC Early Childhood Center -services provided and what we do for children!	The session will describe the child care services we provide to the college students with young children. We give information about our curriculum at the Center with the children.	Claudia Gonzalez Norma Padilla	NAHC 339	Session 4 (2-2:45pm)
San Antonio College Gardening	Get your hands dirty while learning about the native pollinator and edible landscaping initiatives on our campus! You'll get to also gardening tips and tricks while planting native flowering perennials, mulching for water conservation and beautifying San Antonio College for people and pollinators alike.	Cecile Parrish and Eco Centro staff	Greenhouse by Chance	Session 1 (10-10:45am) Session 2 (11:00- 11:45am)
San Pedro Park Walk	Come and enjoy a walk at San Pedro Park while learning a bit of history	Lenell Clay	McAllister Foyer	Session 1 (10-10:45am)
Set Sail with Trim Tab!	What is a Trim Tab? Hear from SAC peers about the program and learn from past recipients about the benefits from this monetary award toward their professional development.	Geraldo Guerra Beatrice Canales Anita Reyes Ruby Pena	NAHC 218	Session 2 (11-11:45am)

Supporting Student Retention by Meeting Basic Needs	We will share what we have learned about the effects of poverty on student success and how it ties to student retention. We will review the national, statewide and San Antonio College data on housing and food insecurity. We will review the services available here at Student Advocacy Center and discuss the referral process and the importance of the student success staff. We will discuss case examples of the types of services and success we are seeing with increasing student retention.	Lisa Black Pamela Frias	Advocacy Center 212	Session 1 (10-10:45am) Session 2 (11-11:45am)
Supporting Students through Mental Health Emergencies	Colleges and Universities across the country are seeing escalating numbers of students experiencing anxiety and depression. San Antonio College is no different. We will review signs and symptoms to watch for and resources to available to support faculty, staff and students. We will discuss the referral process which ensures the safety of the student. We will share additional training resources available over summer for those interested in learning mental health first-aid.	Lisa Black Marco Mar Jr.	Advocacy Center 212	Session 4 (2-2:45pm) Session 5 (3-3:45pm)
True Colors	Exploring Leadership Styles	Mark Bigelow	NAHC 218	Session 4 (2-2:45pm)
Uncle Joe's Chicken Coop (Backyard Chickens 101)	A brief overview of maintaining backyard chickens	Joseph Liedecke	MLC 4 th FI	Session 5 (3-3:45pm)

Why Dual Enrollment Matters	How can staff across the campus be ready for inevitable changes, which are a part of the rapid growth in dual credit participation at SAC,	Dr. Sobia Khan Ray Hernández Fidel Bém	NAHC 339	Session 5 (3-3:45pm)
	and our newly established 3% enrollment growth goal? Our SAC High School Programs Team will highlight some of the work taking place with our 26 high school partners and offer tips on how we can all be prepared to meet the needs of our ever-evolving student population.			
Website Content Authors Refresher Training	This course is a Refresher for the individuals who have already completed the initial training. It is an overview session for questions and answers.	Yvonne Galindo	MLC 1311	Session 3 (1-1:45pm)
Wreath Making 101	Learn how to make a decorative wreath	Isabel Castaneda	LSC Staff Lounge	Session 5 (3-3:45pm)
Victory! at San Antonio College - an overview of the Victory Center and Veterans Affairs at SAC	A highlight of the services that are provided for our veterans, active military and family members, and a quick overview of the benefits that are available to each	Tammy Micallef	MLC 133	Session 1 (10-10:45am) Session 2 (11-11:45am)