



Raza Heritage Month Essay Contest

Title/Topic: Latinx Strong – The Health of a Community

The health of a community is evident in its rates of illness and life span. How do its members balance traditional or alternative healing methods in their physical, spiritual, mental, and economic quest toward *salud*? How can the Latinx community sustain their health? Access to food, healthcare, social interaction, education, and work are directly related to life span. In what ways does Latinx history and memory contribute to collective health?

Essay Guidelines

Develop a thesis-driven documented essay. The essay should be 5 to 8 pages (1250 to 1750 words). It will include internal documentation and a works cited page in MLA or APA format. It will have a minimum of five scholarly sources to include books, newspaper and journal articles, documentaries, or film.

Awards

The committee will award prizes to excellent essays:

First Place:	\$350
Second Place:	\$250
Third Place:	\$150

Deadline:

Date: Thursday, Oct. 24

Time: 3 p.m.

Place: GH 123 English Dept.

Attention to: Professor Alex Bernal and Dr. Patricia Portales.