

# Student Success Newsletter

St. Philip's College, 1801 Martin Luther King Dr., San Antonio, TX 78203  
St. Philip's College - Southwest Campus, 800 Quintana Road, San Antonio, TX 78211

## Academic Advising Services

For more information, contact Christina Cortez @ 210-486-2894.

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 7:00 pm  
1<sup>st</sup> Saturday 9:00 am – 1:00 pm

### Location:

MLK – Welcome Center  
SWC – Bldg. 1-B172

### Alamo ENROLL Assistance:

MLK - NTB 116                      SWC – Bldg. 1 –B172

## Quality Enhancement Plan - Ethical Decision-Making

St. Philip's College is in the process of reaffirmation by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC). Part of this process is the QEP (Quality Enhancement Plan) to promote student success. Our QEP topic is Ethical Decision-Making.

QEP Focus: Ethical decision-making is the ability to connect values and choices to actions and consequences.

QEP Goal: Students engage in specific measurable academic activities to enhance their ethical decision-making skills.

### Ethical Decision Making Process

- Stop and think to determine the facts
- Identify the options
- Consider consequences for yourself and others
- Make an ethical choice and take appropriate action



## Student Services in the SLC – MLK Campus

For more information, contact Charleen Brammer @ 210-486-2275.

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 7:00 pm  
1<sup>st</sup> Saturday 9:00 am – 1:00 pm

### SUITE 102

Counseling Services, Disability Services, Service Learning, and Financial Literacy

### SUITE 127

Student Health Center

## IMPORTANT DATES

October 6	President's Lecture Series April Hernandez-Castillo
October 12 -15	Flex 1 Final Exams
October 17	Flex 2 Classes Begin
October 28	College Closed 8am – 5pm (Evening classes will meet after 5pm.)

## Student Success Leadership Team



Dr. Mordecai Brownlee  
Vice President of Student Success



Dr. Paul Machen II  
Dean of Student Success



Beatrice M. Butler  
Director of Enrollment Management



Dr. Angela McPherson Williams  
Director of Student Success

ST. PHILIP'S COLLEGE  
**P**RESIDENT'S LECTURE SERIES  
April Hernandez-Castillo  
*Acclaimed Hollywood Actress*  
October 6, 11 A.M.

The St. Philip's College President's Lecture Series provides opportunities for the college and the community to hear speakers' perspectives on a broad range of local, regional, national and international issues. The lectures are provided at no cost to the audience and are designed to attract students, faculty, and staff as well as the greater San Antonio Community.

# Academic and Career Advising Services

For more information, contact Christina Cortez @210- 486-2894.



ALAMO  
COLLEGES

## AlamoINSTITUTES

An organization of six career pathways designed for students who have key interests, such as, but not limited to the following areas:

<p><b>Creative &amp; Communication Arts Institute</b></p>	<p><i><u>The Arts, Audio/Video Technology and Communications*</u></i></p>
<p><b>Business &amp; Entrepreneurship Institute</b></p>	<p><i><u>Business Management &amp; Administration, Finance, Hospitality &amp; Tourism, and Marketing*</u></i></p>
<p><b>Health &amp; Biosciences Institute</b></p>	<p><i><u>Health Sciences*</u></i></p>
<p><b>Advanced Manufacturing &amp; Logistics Institute</b></p>	<p><i><u>Architecture, Construction, Manufacturing, Transportation, Distribution &amp; Logistics*</u></i></p>
<p><b>Public Service Institute</b></p>	<p><i><u>Education, Training, Government, Public Administration, Human Services, Law, Public Safety, Correction and Security*</u></i></p>
<p><b>Science &amp; Technology Institute</b></p>	<p><i><u>Agriculture, Food &amp; National Resources, Information Technology, Science, Technology, Engineering and Mathematics*</u></i></p>

\*National Career Cluster

# Academic and Career Advising Services (cont'd)

For more information, contact Christina Cortez @ 210-486-2894.

**Be Wise, Get Advised: Have you met with your advisor? Contact your advisor today. Below are the steps to identify who your advisor is:**

1. Log into ACES
2. Click on the My Page tab (4th tab from the left)
3. Under Academic Profile (on the left) select the current term & press Go
4. Your advisor's name will appear under the "Advisors" title
5. Visit your advisor

## **Institute 1: Creative & Communication Arts**

Monica Guerrero [mguerrero151@alamo.edu](mailto:mguerrero151@alamo.edu)

Larry Medina [lmedina46@alamo.edu](mailto:lmedina46@alamo.edu)

Victor Natera [vnatera@alamo.edu](mailto:vnatera@alamo.edu)

## **Institute 2: Business and Entrepreneurship**

Yolanda Ward [yward@alamo.edu](mailto:yward@alamo.edu)

Margaret Houser [mhouser@alamo.edu](mailto:mhouser@alamo.edu)

Robert Bryant [rbryant21@alamo.edu](mailto:rbryant21@alamo.edu)

## **Institute 3: Health and Biosciences**

Janet Hart [jhart26@alamo.edu](mailto:jhart26@alamo.edu)

Frances Calderon [fcalderon4@alamo.edu](mailto:fcalderon4@alamo.edu)

Irma Lopez [isanchez17@alamo.edu](mailto:isanchez17@alamo.edu)

Teresa Hopwood [thopwood2@alamo.edu](mailto:thopwood2@alamo.edu)

Tricia McElligott [tmcelligott@alamo.edu](mailto:tmcelligott@alamo.edu)

Alicia Stolte [astolte2@alamo.edu](mailto:astolte2@alamo.edu)

Paul Lede [plede@alamo.edu](mailto:plede@alamo.edu)

## **Institute 4: Advanced Manufacturing and Logistics**

### **Automotive Technology**

Yvonne Benton [ybenton@alamo.edu](mailto:ybenton@alamo.edu)

Christine Saucedo [csauceda1@alamo.edu](mailto:csauceda1@alamo.edu)

## **Institute 4: Advanced Manufacturing and Logistics Southwest Campus**

Gina Jasso [gherrera@alamo.edu](mailto:gherrera@alamo.edu)

Valerie Vasquez [vvasquez124@alamo.edu](mailto:vvasquez124@alamo.edu)

Sarah Ramirez [sramirez260@alamo.edu](mailto:sramirez260@alamo.edu)

Carlos Solis [csolis@alamo.edu](mailto:csolis@alamo.edu)

## **Institute 5: Public Service**

Yvonne Benton [ybenton@alamo.edu](mailto:ybenton@alamo.edu)

Christine Saucedo [csauceda1@alamo.edu](mailto:csauceda1@alamo.edu)

## **Institute 6: Science and Technology**

Meredith Bess [mbess@alamo.edu](mailto:mbess@alamo.edu)

Deborah Woods [dwoods54@alamo.edu](mailto:dwoods54@alamo.edu)

Sunny Hernandez [shernandez823@alamo.edu](mailto:shernandez823@alamo.edu)

## Academic and Career Advising Services (cont'd)

For more information, contact Christina Cortez @ 210-486-2894.

**Event:** Interview Help  
**Date:** Tuesday, October 11, 2016  
**Time:** 12:30 p.m. to 1:30 p.m.  
**Location:** SPC - Center for Learning Resources room 108

**Event:** Interview Help  
**Date:** Thursday, October 13, 2016  
**Time:** 3:00 p.m. to 4:00 p.m.  
**Location:** Conference Room B172 - Southwest Campus  
**Summary:** The **Career Services team of St. Philip's College** will be hosting a series of workshops designed to assist students by helping them prepare for entry into the workforce. The second workshop in this series is titled **Interview Help**. The workshop will cover the basics of what an interview generally involves and the types of questions asked. *Light refreshments will be served.*

**Event:** Career Fair  
**Date:** Tuesday, October 18, 2016  
**Time:** 11:00 a.m. to 3:00 p.m.  
**Location:** SPC – Heritage Room  
**Summary:** Students requiring more in-depth assistance with their resume are asked to schedule an appointment with their advisor at one of the following locations: MLK - 210-486-2008 or SWC - 210-486-7281.

**Event:** TACRAO Transfer Fair  
**Date:** October 24, 2016  
**Time:** 1:00 pm to 4:00 pm  
**Location:** Health & Fitness Center (Gym) (MLK Campus)  
**Summary:** Students will have an opportunity to speak with university/college representatives to discuss transfer process, application assistance, scholarship opportunities and admission requirements. DOOR PRIZES will be awarded.

## Veterans Affairs Office

For more information, contact Javier Barron @ 210-486-2540.

### Veterans Affairs Advisors

Tony Gable [lgable@alamo.edu](mailto:lgable@alamo.edu)

Allison Joubert [ajoubert@alamo.edu](mailto:ajoubert@alamo.edu)

Gloria De Luna [mdeluna@alamo.edu](mailto:mdeluna@alamo.edu)

Visit the St. Philip's College VA website: <http://www.alamo.edu/spc/veterans-affairs/>

## Men of SPC

For more information, contact Dr. Paul Machen @ 210-486-2468.

**Event:** Men of SPC Social Event  
**Date:** Wednesday, October 19, 2016  
**Time:** 12:00 pm – 1:30 pm  
**Location:** Center of Excellence C210 (SW Campus)

## Men of SPC (cont'd)

For more information, contact Dr. Paul Machen @210-486-2468.

**Summary:** All male students are invited to come socialize with male employees from across the organization and discuss actions they can take to be successful in college and beyond. Come learn about the *College* and complete an *Academic Wellness Check* with a Certified Advisor. Additionally, students can connect with employees who have a common interest or hobby and find out how they can become involved in these activities while at SPC. All students will be entered into a drawing for a \$50 bookstore gift-card and other prizes. A light lunch will be served. No need to sign up, just show up and learn from experts across the college. Please contact Dr. Paul Machen, at 210-486-2157 or Mr. John Martin, at 210-486-2241 for more information.

**Event:** Monday Night Football- Houston Texans vs. Denver Broncos



VS.



**Date:** Monday, October 24, 2016

**Time:** 7:00 pm

**Location:** Bowden Alumni Center (MLK Campus)

**Summary:** All male and other students are invited to come watch football and fellowship with the Men of SPC, and talk about how they successfully navigate through college and beyond.

## Library Services (MLK Campus)

For more information, contact @ 486-2199.

**Days & Times** Monday - Thursday 7:00 am – 7:00 pm

Friday 7:00 am – 5:00 pm

Saturday 9:00 am – 3:00 pm

**Location:** Center for Learning Resources

### Featured databases for October 2016 – LearningExpress and Testing & Education Reference Center

**LearningExpress** offers basic skills improvement in reading, writing, math, and basic sciences and test preparation for academic and career testing—academic exams—such as the GED® test, COOP, HSPT®, SAT\*, ACT®, AP\*, PSAT/NMSQT\*, ACCUPLACER®, ASSET®, and COMPASS®, career certification tests such as NCLEX-RN®, Praxis I® and II®, and more, and build skills in math, reading, writing, and basic sciences.

**Testing & Education Reference Center** provides practice tests and ebooks college entrance or licensing exam such as CLEP, PSAT, SAT, ASVAB or NXLEX-PN? Take on-line practice tests and use test prep eBooks to obtain your education goals.

For more information, contact the SPC Library at <http://www.alamo.edu/spc/library>. Use the Ask-A-Librarian button to call, email, text, or chat with an SPC librarian.



# St. Philip's College AlamoCARES

For more information, contact Dr. Mordecai Brownlee, Vice President of Student Success @ 210-486-2252.

St. Philip's College is committed to providing a supportive learning environment and to fostering, safe, healthy relationships among our students. In this effort, Alamo Colleges initiated AlamoCARES, a prevention, education and support program regarding dating violence, domestic violence, sexual assault and stalking. It is our sincere hope that AlamoCARES will empower you to make well-informed decisions about life issues that affect your college years and beyond.

Within the AlamoCARES site, you will find information on rights granted by **Title IX** and resources to help educate and assist you when dealing with harassment and sexual violence. Coming soon are events, training and opportunities to bring awareness when dealing with difficult issues and creating discussion opportunities with students. Visit us at <http://alamo.edu/spc/alamocares/> for more information.

The Alamo Colleges encourage individuals to bring forward information/complaints about sexual harassment and sexual violence. **Retaliation** against any **individual who reports or participates** in the investigation of alleged violations is **strictly forbidden** and will be **enforced** by the College administration.

If you believe you have experienced **Sexual Misconduct** you may consider the following options:

- Contact **Campus Police** at (210) 485-0099 (non-emergency) or (210) 485-0911 (emergency)
- Seek **medical attention** at a hospital or with a physician
- **Report the incident** at [www.alamo.edu/TitleIXCoordinator/](http://www.alamo.edu/TitleIXCoordinator/)
- **Contact SPC Counseling Services** at (210) 486-2333 (Confidential)
- Contact **parents, relatives or close friends** for support

**H.1.1 Equal Education and Employment Opportunities (Policy)** [www.alamo.edu/district/policies/](http://www.alamo.edu/district/policies/)  
Alamo CARES has additional **Title IX** information and resources at: [www.alamo.edu/spc/AlamoCARES](http://www.alamo.edu/spc/AlamoCARES)

## ATTENTION STUDENTS! Required Haven Training

Haven is an online survey and course addressing critical life skills. Haven is our way of informing St. Philip's College students about Title IX standards, reporting violations and resources available. **All entering freshmen, former and transfer students are required to complete Part 1 of Haven: Understanding Sexual Assault, by November 1<sup>st</sup> or a registration hold will be placed on their account.**


Haven Instructions:

1. Always sign in through ACES at <https://alamoaces.alamo.edu>.
2. Look for the AlamoCARES box on the Student tab and read the important message before accessing the course. Note: an alternative training is available; see your Vice President for Student Success for assistance.
3. Click on the link provided, and complete the confidential pre-survey at the start of the course. The Alamo Colleges does not receive a copy of your responses.
4. The quiz at the end of the course is required to document your completion, but the score is not recorded and will not impact you in any way. Completion is documented on your student record.

**No One has the Right to Harm You or Make YOU feel Uncomfortable.**

# AlamoCARES (cont'd)

**SUMMARY:** St. Philip's College is committed to providing a supportive learning environment and to fostering, safe, healthy relationships among our students. Here are 16 nuggets of information about Title IX.

1. Consent is knowing, freely given, not passive, in clear words or actions, indicates permission to engage in mutually agreed upon sexual activity.
2. Forced consent involves physical violence, threats, intimidation and coercion (consider frequency, intensity, isolation, duration).
3. Incapacity is blackout/partial blackout, no working memory, the inability to understand who, what, when, where, why or how. All facts are considered.
4. Forms of incapacity are alcohol or other drugs (voluntarily or without victim's knowledge), mental/cognitive impairment, injury or sleep.
5. Remember this rule, no means no, but nothing also means no. Silence and passivity do not equal permission.
6. Remember this rule: To have valid consent, consent must be given prior to or with the sexual activity.
7. Remember this rule: Consent can be withdrawn at any time, as long as that withdrawal is clearly communicated by the person withdrawing it.
8. Evidence of incapacity may be: From a witness or the accused who may know how much the other party has consumed, slurred speech, bloodshot eyes, the smell of alcohol on the breath, vomiting, outrageous or unusual behavior, blackouts or black time, or unconsciousness.
9. Sexual harassment can be a hostile environment, quid pro quo or retaliatory in nature.
10. Sexual harassment can include stalking, bullying and cyber-bullying, relationship violence or hazing.
11. Relationship violence is also called domestic violence, or intimate partner violence.
12. Sexual harassment is unwelcome, sexual or gender based, verbal, written or physical conduct that is severe or an ongoing pattern, unreasonably interferes with education or employment or the ability to participate in or benefit from the college's educational, social and/or residential program and is based on power differences.
13. 20% of college women and 6% of college men will be victims of attempted or actual sexual assault.
14. The accused sexual assailant loses time from class, may be expelled, may impact ability to obtain a medical license or get recommendations, and faces the stigma of "rapist", and possible jail time.
15. 4 in 10  violent crimes against college students are committed by offenders using drugs or alcohol.
16. Survivors of sexual assault often experience falling grades, drop out or fail out, mental health issues (depression, PTSD), alcohol and drug use, or contemplate suicide.



**Alamo CARES has additional Title IX information and resources at:** [www.alamo.edu/spc/AlamoCARES](http://www.alamo.edu/spc/AlamoCARES)



# HOMECOMING 2016

**October 5-7**

Homecoming Door Decorating Contest

**Monday, October 10**

**SPC Homecoming Pep-Rally & Lunch @ SWC. SWC Cafetorium, 11am – 1pm**

SPC student athletes, Mr. & Ms. St. Philip's, 2016-17 Homecoming Court Candidates and student leaders will serve lunch to SWC students, faculty/staff.

**Photo Wall #SPCHOMECOMING MLK CLR Breezeway, 11am—1pm**

Take Homecoming pics and post them to FB, Instagram. Students can vote for the Homecoming Court.

**Tuesday, October 11**

**Throwback Tuesday-Please wear vintage or current SPC shirts!!!!**

**SPC Homecoming Pep-Rally, & Lunch @ MLK SPC Courtyard, 11am—1pm**

SPC student athletes, Mr. & Ms. St. Philip's, 2016-17 Homecoming Court Candidates and student leaders will serve lunch to SWC students, faculty/staff.

**Photo Wall #SPCHOMECOMING SWC Crossroads, 11am—1pm**

Take Homecoming pics and post them to FB, Instagram. Students can vote for the Homecoming Court.

**Wednesday, October 12**

**“We Back the Blue” Homecoming Photo/Royal Cake, 10am SWC Cafetorium**

**“We Back the Blue” Homecoming Photo/Royal Cake, 12pm MLK CLR Breezeway**

## **SPC Homecoming Basketball Games**

**Lady Tigers vs. VC-6 pm**

**Tigers vs. VC-8 pm, MLK Campus**

Come to the Health and Fitness Center (Gym) to “Pound the (Victoria College) Pirates”

The Pirates are our biggest rivals. Students, faculty, staff and SPC sports fans are invited to attend both games, enjoy entertainment, refreshments and much more.

**Thursday, October 13**

**Step and Stroll Contest, 6:30 pm-9 pm, Health & Fitness Center (Gym)**

Exhibition performance by community step and hip hop teams, and a Greek Stroll competition with cash prizes for fraternities and sororities.

**Friday, October 14.**

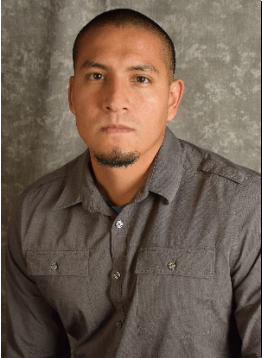
**The Blue & White Alumni Mixer and Dance, 6pm – 11pm, Bowden Alumni Center**

The event will open with a mixer focusing on the alumni and will culminate in a party wherein the “old school” and the “new school” will meet. The highlight of the evening is the coronation of Mr. and Ms. St. Philip's College.



# HOMECOMING 2016

## Who Will Wear the Crown?



**Sam Alvarado**

Study: Alternative Energy  
Involvement: Member NAHB

**Why Mr. SPC?:** He wants to be Mr. St. Philip's to represent his college with pride, integrity and honesty for his peers.



**Na'ima Alhabbas**

Study: Computer/Software Engineer  
Involvement: Member Phi Theta Kappa

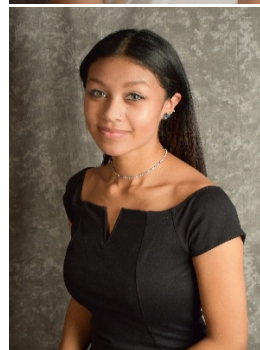
**Why Ms. SPC?:** To represent the college and its values in a positive way and promote diversity.



**Percival Bragg**

Study: Political Science  
Involvement: Pres. SGA, Capt. Men's B-ball and VP Collegiate 100

**Why Mr. SPC?:** Respect and love for the college and the opportunity to meet more students.



**Jessica Rodriguez**

Study: Nursing  
Involvement: Secretary Collegiate 100 and Peer Mentor

**Why Ms. SPC?:** To show her love for the college, the administration and fellow students.



**John Martin**

Study: Business  
Involvement: Treasurer Collegiate 100, Peer Mentor, Tiger Paws and QEP

**Why Mr. SPC?:** To serve as an Ambassador and help all students connect to the college.



**Jalisa Rivera**

Study: Business  
Involvement: Member Spirit and Pride Crew, Muslim Student Association and the NAHB

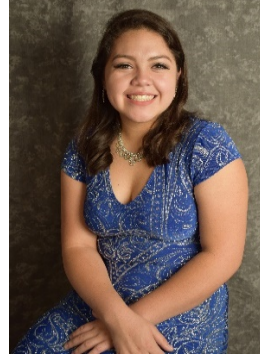
**Why Ms. SPC?:** To inspire people, especially those being bullied.



**Jaden Moreno**

Study: ECHS  
Involvement: Member Cyber Tigers

**Why Royal Court?:** Wants to show that the ECHS students are mature and understand the opportunities available at SPC.



**Veronica Villarreal**

Study: ECHS Liberal Arts  
Involvement: Member Phi Theta Kappa

**Why Royal Court?:** To show pride in attending SPC and to show the ECHS students are responsible leaders.

Online voting will take place on October 3-13. Visit [OrgSync](#) to get the link.

## Student Life (MLK Campus)

*For more information, contact Dr. Angela McPherson Williams @ 486-2090.*

**Event:** SPC Welcomes New Tigers  
**Date:** Monday, October 17 and Tuesday, October 18  
**Time:** 8:00 am – 5:00 pm  
**Location:** CLR Breezeway (near the Library)  
**Summary:** The Department of Student Life will assist in printing schedules, getting directions and maps, and providing snacks under the blue tents. Please move over

**Event:** Spirit Day  
**Date:** Wednesdays  
**Time:** 11:00 am – 1:00 pm  
**Location:** Center for Learning Resources  
**Summary:** Join the Spirit and Pride Crew. Wear your favorite SPC shirt or royal blue and white.

## College Health Center (MLK Campus)

*For more information, contact Janet Feathers, R.N. @ 210-486-2222.*

**Event:** 911 Commemoration Blood Drive  
**Date:** September 12, 2016  
**Time:** 9:00 am to 3:00 pm  
**Location:** SPC Parking lot 13  
**Summary:** Take charge and donate blood in support of 911- with the South Texas Blood and Tissue Center. One pint of blood will save three lives.

## Tutoring Services and Service-Learning Program (MLK Campus)

*For more information, contact Kevin Schantz @ 486-2246.*

### Tutoring Services

**Event:** General Tutoring and a great place to study  
**Days & Times**  
Monday - Thursday 8:00 am – 7:00 pm  
Friday 8:00 am – 5:00 pm  
Saturday 10:00 am – 3:00 pm  
**Location:** Norris Technical (NTB) Building, room 116  
**Summary:** Tutoring in speech, history, accounting (I & II), Spanish, and COSC classes

## Disability Services (MLK Campus)

*For more information, contact Maria Botello @ 486-2199.*

**Event:** Disability Services (DS) ensures reasonable academic support to qualifying students with disabilities. We follow national best practices to ensure that our students have access to the latest information and technologies. Disability Services is a hub of activities, support, referrals, and encouragement for our students with disabilities.  
**Date:** Monday, Tuesday, Thursday and Friday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 7:00 pm  
First Saturday of Every Month, 9:00 am – 1:00 pm  
**Location:** Sutton Learning Center, 1<sup>st</sup> floor, Suite 102

## Counseling Services (MLK Campus)

For more information, contact Rosalinda Rivas @210-486-2333.

**Event:** Crisis / Personal Counseling

**Date:** Monday – Friday

**Time:** 8am -5pm Monday -Friday

**Location:** Sutton Learning Center (SLC), room 102

**Summary:** Counseling Services has a new Counselor, Ms. Eitandria Gatlin. Both she and Ms. Rosalinda Rivas can help you address personal issues that interfere with your academic lives within a short-term intervention counseling setting. You can call (210) 486-2333 to make an appointment or go by the SLC, room 102 to talk.

**Event:** Depression Screening

**Date:** October 4, 2016

**Time:** 11am – 1pm

**Location:** Center for Health Professions Atrium/Lobby

**Summary:** This event will allow students to take a free, confidential online screening to determine if depression could be affecting their lives.

## Counseling Services (MLK Campus)

For more information, contact Rosalinda Rivas @210-486-2333.

**SUMMARY:** Counseling Services staff can help address problems that interfere with your academic growth in college. See a Counselor in the Sutton Learning Center, #102, or call 210/486-2333 for an appointment. Here are 16 nuggets of truth, or information to consider on substance use:

- ① What's the problem with drinking? Alcohol affects feelings - sometimes as soon as the first drink. A person can suddenly become angry, depressed or happy. Alcohol can also lower judgment and self-control.
- ② Treatment has three parts: The person must stop using the drug and receive treatment for withdrawal symptoms if necessary. The person must learn how the drug worked in his or her life. The person must learn how to avoid using the drug again.
- ③ Good reasons not to drink or use drugs: You avoid embarrassment. (You won't throw up, say or do something you regret or get arrested.) It's safer. You lower your risk of injury and death (from car crashes, fights, alcohol poisoning and overdose). You don't break the law. You do better at school or work.
- ④ The person who is drinking is not the only person who is at risk.
- ⑤ Get counseling. Treatment works.
- ⑥ Suicide: Alcohol, used alone or with other illegal drugs, can increase a person's risk of suicide. Drinking can make bad feelings last longer or seem worse. People who use alcohol to deal with depression are less likely to get help.
- ⑦ Murder: Guns, angry feelings and alcohol are a dangerous combination. Two out of three murder victims are killed with guns. Most murders happen when two people get into an argument that turns into a fight.
- ⑧ Alcohol and angry feelings can lead to physical abuse among families, friends and dating partners. When guns or other weapons are involved, the violence can lead to serious injury or death.

ACT  
NOW!

## Student Services @ Southwest Campus

For more information, contact Gina Jasso @ 486-7185.

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 7:00 pm  
1<sup>st</sup> Saturday 9:00 am – 1:00 pm

Location: SWC Bldg. 1, Room B172  
SWC Advising hotline: 210-486-7281

**Financial Aid:** Representative available on Wednesdays from 8:00am-7:00pm

### Bursar's Hours of Operation

Monday	8:30 am to 1:30 pm	Tuesday	8:30 am to 1:00 pm
Wednesday	1:30 pm to 6:30 pm	Thursday	9:00 am to 2:00 pm

**Library:** SWC Building 1-C123 For more information, contact SWC @ 486-7023.

## Disability Services (SW Campus)

For more information, contact Maria Botello @ 486-2199.

**Event:** **LIFespace Center** is a hub of services including counseling, veteran affairs, and disability services. The Disability Services office offers services to qualifying students with disabilities to help level the playing field and create opportunities for success.

**Date:** Fall Hours – Tuesday and Thursday Only

**Time:** Tuesday and Thursday, 8:00 am – 5:00 pm

**Location:** Building 1, Room A-135

**Summary:** To be eligible for disability-related services, students must have a disability as defined by the Americans with Disability Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973

## Student Life (SW Campus)

For more information, contact John Martin @ 210-486-2241.

**Event:** **Spirit Day**

**Date:** Wednesdays

**Time:** 11:00 am – 1:00 pm

**Location:** Center for Learning Resources

**Summary:** Join the Spirit and Pride Crew. Wear your favorite SPC shirt or royal blue and white

**Event:** **SPC Welcomes New Tigers**

**Date:** Monday, October 17 and Tuesday October 18

**Time:** 8:00 am – 5:00 pm

**Location:** Building 1 Crossroads

**Summary:** The Department of Student Life will welcome students and provide directions, information and snacks near the Student Services Office.

## Tutoring Services (SW Campus)

For more information, contact Kevin Schantz @ 486-2246.

### Tutoring Services

**Event:** Tutoring at Southwest Campus  
**Days &:** Monday, Tuesday, and Thursday  
**Times** 10:00 am – 12:00 pm; 1:00 pm – 4:00 pm  
Wednesday  
1:00 pm – 4:00 pm  
**Location:** Learning Resource Center/Library (Room C123, Building #1)  
**Summary:** Let us help you improve your grades!



## Academic and Career Advising Services (SW Campus)

For more information, contact Gina Jasso @210-486-7185.

**Event:** Freshman Experience  
**Date:** October 3, 2016 to December 16, 2016  
**Time:** Monday: 9:30 am – 12:30 pm  
**Location:** Building 1 Room B172  
**Summary:** Check your student email as you will be receiving periodic emails from your assigned certified advisor with important information.

Link: <http://spcweb.alamo.edu/StudentSuccess/Registration.aspx>

## Counseling Services (SW Campus)

For more information, contact Rosalinda Rivas @210-486-2333.

**Event:** Crisis / Personal Counseling  
**Date:** Mondays and Wednesdays  
**Time:** 8am -5pm  
**Location:** LIFEspace Center, Building 1, Room A-135  
**Summary:** Counseling Services has a new Counselor, Ms. Eitandria Gatlin. Both she and Ms. Rosalinda Rivas can Help you address personal issues that interfere with your academic lives within a short-term Intervention counseling setting. You can call (210) 486-2333 to make an appointment or go by LIFEspace to talk.

**Event:** Depression Screening  
**Date:** October 5, 2016  
**Time:** 11am – 1pm  
**Location:** LIFEspace Center, Building 1, Room A-135  
**Summary:** This event will allow students to take a free, confidential online screening to determine if depression could be affecting their lives. Talk to a Counselor at the Advising Days event in Building 1, room B-172. Students will walk to the LIFEspace Center to complete the screening.

## College Health Center (SW Campus)

For more information, contact Brenda Major, L.V.N. @ 210-486-7166 or Janet Feathers, R.N. @ 210-486-2222.

### **Prescription for an Active Lifestyle: Move More, Sit Less**

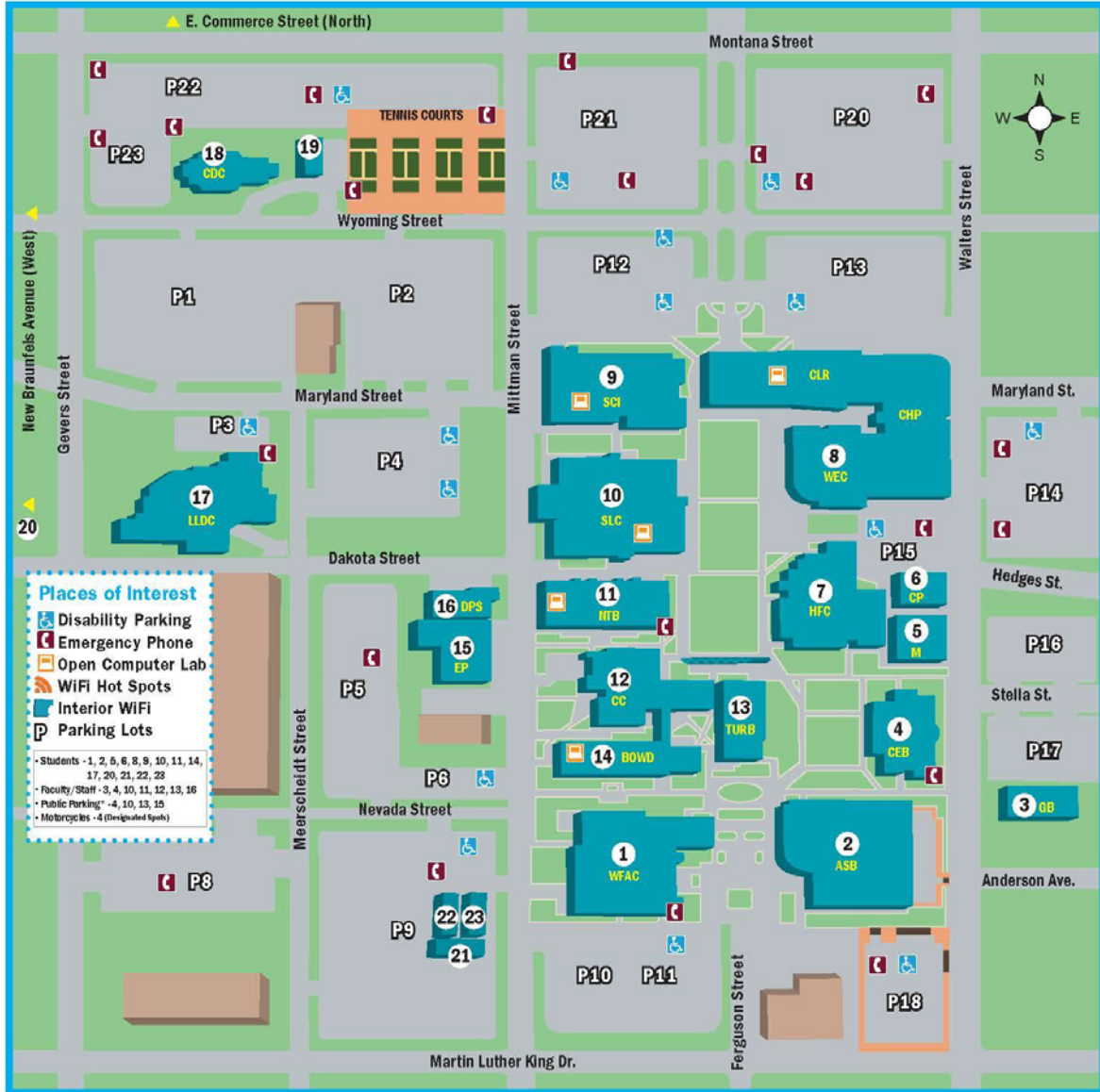
The American College of Sports Medicine and the American Heart Association recommends that every U. S. adult should accumulate 30 minutes of more of moderate-intensity physical activity 5 days per week. Take the stairs instead of the elevator. Park your car away from the building and walk more.



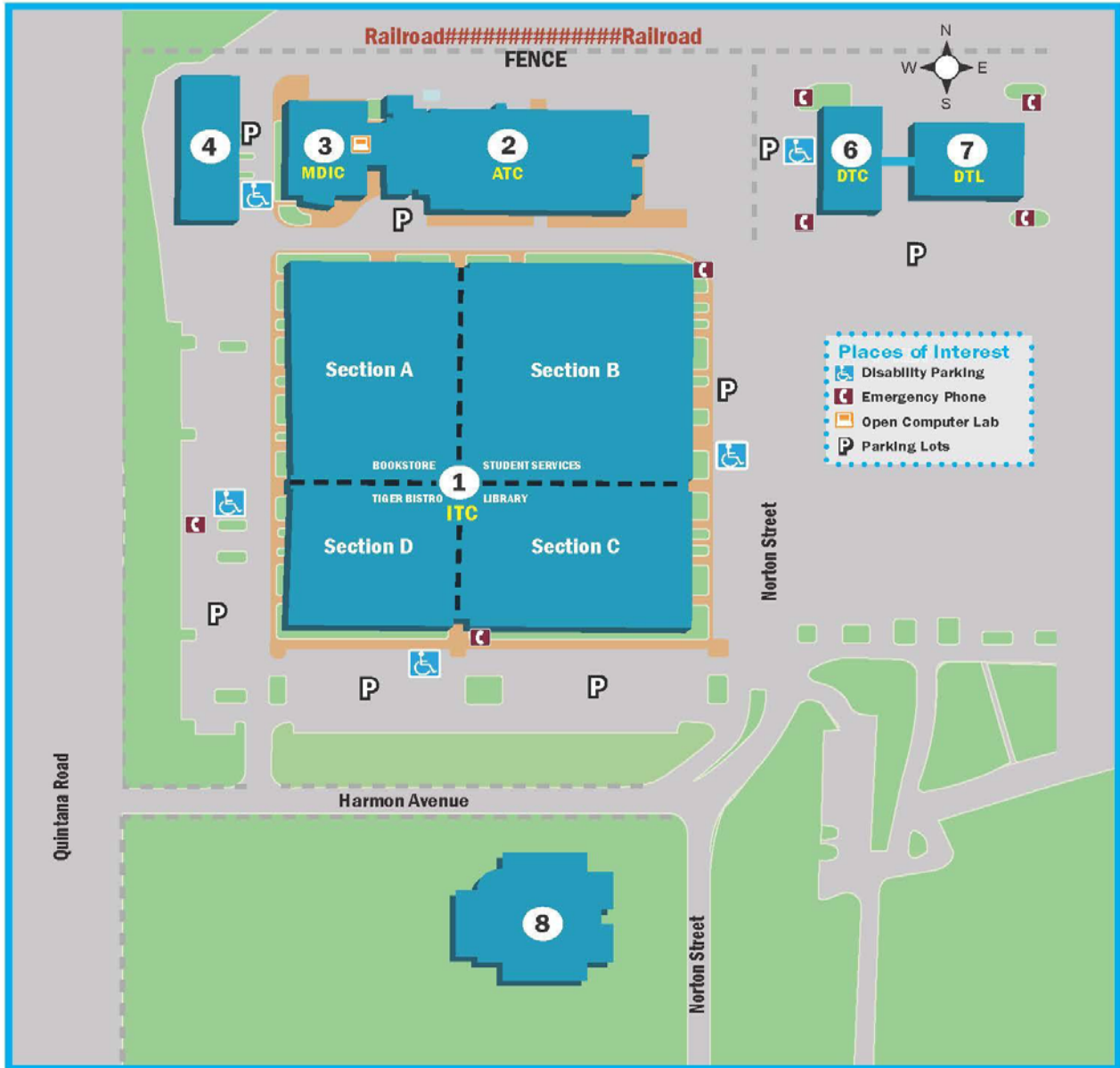
# The Porch ~ October 2016

**Attend the PROGRAM or Join us for FREE LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	3 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	4 RECHARGE Body-Mind-Spirit NOON Chaplet in Song 	5 RECHARGE Body-Mind-Spirit Color Your Faith 11:30 - 1:00 FREE Lunch 	6 11:30 - 1:00 Hot Topic Students Less Religious More Diverse & Lonely FREE Hot Potato Lunch 	7
9 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	10 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	11 RECHARGE Body-Mind-Spirit NOON Chaplet in Song 	12 11:30 - 1:00 Daphne Brownlee 	13 Catholic MASS Taco Lunch 	14
16 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	17 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	18 RECHARGE Body-Mind-Spirit CHAIR MASSAGE 11:30 - 1:00 	19 11:30 - 1:00 Faith In Action Life's Like a Game of Checkers 	20 Catholic MASS Tarmale Lunch 	21
23 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	24 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	25 Counselor & FREE Lunch It Can't Be Depression... I'm a Christian Understanding this myth! 	26 11:30 - 1:00 Amazing Faiths Dialogue & Lunch 	27 Catholic MASS Taco Lunch 	28
30 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch	31 Jesus Calling 11:30 - 1:00 Devotion Dialogue Lunch			29	



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|--|---|
| 1 Watson Fine Arts Center (WFAC)   | 12 Campus Center (CC)   |
| 2 Applied Science Building (ASB)   | 13 Turbon Student Center (TURB)                                   |
| 3 Grounds Building (GB)  | 14 Bowden (BOWD)  |
| 4 Continuing Education (CEB)   | 15 Electrical Plant (EP)  |
| 5 Maintenance (M)  | 16 Campus Police (DPS)  |
| 6 Central Plant (CP)   | 17 Learning and Leadership Development Center (LLDC)              |
| 7 Health and Fitness Center (HFC)  | 18 Child Development Center (CDC)                                 |
| 8 Welcome Center (WEC)<br>Center for Health Professions (CHP)<br>Center for Learning Resources (CLR) | 19 Tennis Courts  |
| 9 William C. Davis Science Building (SCI)  | 20 Future Veterans Outreach & Transition Center - 1602 Dakota St. |
| 10 Sutton Learning Center (SLC)  | 21, 22, 23 Portable Buildings                                     |
| 11 Norris Technical Building (NTB)   |   |



- 1 Industrial Technology Center (ITC), Building 1
- 2 Aircraft Technology Center (ATC), Building 2
- 3 Multi-Disciplinary Instructional Center (MDIC), Building 3
- 4 Building 4

- 6 Diesel Technology Center (DTC), Building 6
- 7 Diesel Technology Lab (DTL), Building 7
- 8 Workforce Center for Excellence, Building 8