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Institutional Planning, **Research & Effectiveness**

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As displayed in Figure 33-1 (right), SPC students rated 4 of the 5 benchmarks below Alamo College District and CCSSE Cohort (USA) peer groups and 3 of the 5 below Large Colleges. However, SPC students rated Support for Learners higher than all peer groups.

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CCSSE: Community College Survey of Student Engagement Center for Community College Student Engagement: Benchmarks

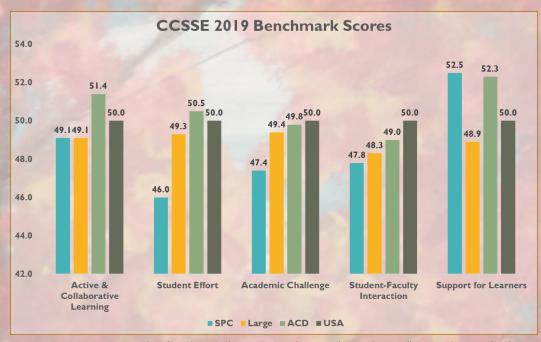


Figure 33-1 2019 CCSSE survey benchmark results by peer groups (Large Colleges, Alamo Colleges, and 2019 Cohort) Source: CCSSE 2019 Benchmark Scores Report—Main Survey



Figure 33-2 2019 CCSSE survey benchmark results by enrollment status (PT) Source: CCSSE 2019 Benchmark Scores Report—Main Survey

Figure 33-2 (above) shows benchmark results by part time students only. While SPC scores remain lower than comparison groups in Student Effort and Academic Challenge, Student-Faculty Interaction is higher than Large Colleges and Active & Collaborative Learning is higher than Large Colleges and 2019 CCSSE Cohort (USA). SPC Support for Learners consistently scores higher than all peer groups

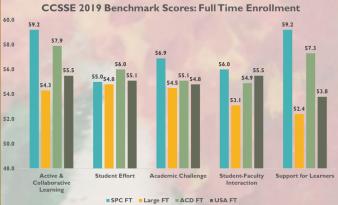


Figure 33-3 2019 CCSSE survey benchmark results by enrollment status (FT) Source: CCSSE 2019 Benchmark Scores Report—Main Survey

Figure 33-3 (above) focuses on full time students' responses. As seen, Support for Learners continues to gain higher scores than peer groups, but full time SPC students also responded more favorably to Active & Collaborative Learning, Academic Challenge, and Student-Faculty Interaction, with only Student Effort falling below comparison groups, albeit by a small margin (1.0).

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https://
www.alamo.edu/spc

4 Components of Academic Mindset

Growth vs. fixed mindset: students' perceptions of the potential for change in their intelligence.

Self-efficacy: students' confidence in their ability to be successful in their coursework.

Relevance of academic experience: students' views of whether their college work is preparing them for future success.

Sense of belonging: students' perceptions of whether they are accepted members of their college community.

Center for Community College Student Engagement: Relationship between Mindset and Student Success

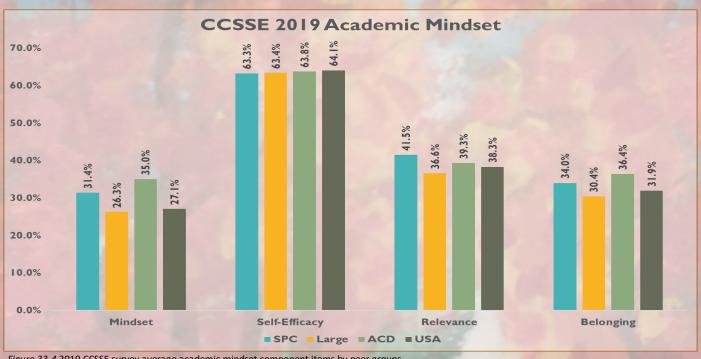


Figure 33-4 2019 CCSSE survey average academic mindset component items by peer groups Source: CCSSE 2019 Frequency Distributions—Main Survey

Derived from the Academic Mindset study conducted by CCCSE on the 2018 CCSSE Cohort, *Figure 33-4* (above) indicates the overall academic mindset of SPC students compared to peer groups. While self-efficacy rates slightly below peers, SPC students demonstrate recognition of the relevance of their academic experience through a higher score than all comparison groups, along with growth mindset traits and a sense of be-

longing rated higher than 2 of the 3 peer groups. Taken as a whole, the results suggest SPC students possess stronger academic mindsets than many of their peers.

For Conversations About	See CCSSE Items							
Growth vs. fixed mindset	12d	12e	17					
Self-efficacy	40	7	9a					
Relevance of academic experience	8a	11a	11h	11i	12a	12b	20	
Sense of belonging	9с	9e	11f	12i	14	15	16	21

Center for Community College Student Engagement

Student Success Strategies to Build/Support an Academic Mindset

To help students develop a growth mindset, colleges can:

Teach students the research behind growth mindset in student success courses and tutoring sessions.

Help students connect all coursework, particularly math coursework, to their interests and long-term goals.

When a student experiences a setback, such as a poor test grade, frame the conversation around strategies for improvement rather than the student's abilities or attributes.

Provide professional development to faculty and staff so they can incorporate discussions of mindset in their courses, advising sessions, and other interactions with students.

Encourage faculty to provide students with detailed feedback on projects and give them opportunities to revise their work.

Encourage faculty to structure their assessments and grading system to focus on mastery of content by the end of the course.

To help ensure that students understand the relevance of their academic experience, colleges can:

Require advising, including making an academic plan, for all students.

Introduce first-year experiences that help students explore career fields and make informed choices about their majors.

Require applied learning experiences as part of every major.

Align requirements, such as math requirements, to students' programs of study.

Encourage faculty to help students understand why their course is relevant to the students' program of study.

The reason for taking a class should not be "because it is a core requirement."

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To help students develop self-efficacy, colleges can:

Set clear expectations. At the outset of each course, faculty members can specify expectations for coursework, noting that some of the work is challenging but they are confident that the students can learn it. Current research about mindset can provide a framework for that discussion.

Help students process setbacks. When students hit an obstacle, such as a bad grade on a test, teach them to understand that stumbling is part of learning. In addition, encourage students to attribute setbacks to temporary causes, such as a transition to a new learning environment or a need for more academic support, rather than a permanent inability to learn.

Encourage faculty, staff members, and other students to share examples of their own learning process, including facing challenges, making mistakes, and learning from them. At the University of Michigan, students in introductory physics learn from the students who preceded them. They receive testimonials from past students that highlight how new approaches to study habits can lead to better performance.

Introduce and regularly review the concept of a productive mindset. This conversation can happen wherever students are learning new or challenging content (classes, tutoring sessions, and so on), during advising, and during discussions of test-taking skills.

Include low-stakes assessments, such as weekly quizzes or writing assignments, throughout the term rather than basing course grades on only midterms and finals.

To help students develop a sense of belonging, colleges can:

Require orientation and use it to welcome students to the college community.

Place students in cohorts whenever possible, e.g., through learning communities or block scheduling.

Require faculty members to learn all of their students' names. And during the first meeting of every course, have students introduce themselves and encourage students to learn one another's names.

Require group projects in all classes.

Create gathering areas with comfortable seating.

Require faculty members to meet with each of their students at least once a semester.