

# San Antonio College Law Enforcement Academy

## Basic Police Bike School (IPMBA)

### Course Objectives

Topics includes:

- 1) Fundamental Cycling
- 2) Hazards and Crashes
- 3) Basic Maintenance
- 4) Cycling at night and clothing and personal protective equipment
- 5) Tactics and firearm training, plus many more...

### Course Cost

Open Enrollment Only: 8 Hour Day, Minimum of 10 Students @ \$275.00 each Maximum of 20 Students

**Prerequisites:** Law enforcement officer; basic bicycle-handling skills; good physical condition

### Upon Completion

Student will receive a course completion certificate for 40 hours of training. The 40 hours will be reported to TCOLE as part of your training record.

Additional Info: Certification: IPMBA Police Cyclist Certification is available to licensed law enforcement officers who successfully complete the practical test, earn a score of 76% or better on the written test, become members of IPMBA and submit applications for certification accompanied by the appropriate fee.

### To Sign-Up for the Course

Please email [sac-lea@alamo.edu](mailto:sac-lea@alamo.edu) to sign up.

Payment due day of class in cashier check, personal check, agency check or money order made payable to: **SAC Protective Services Department**

### Training Dates and Location

First Responders Academy, 15775 IH 35 South, Atascosa, TX 78002 (exit 139 Hwy 35 S) Room 13

Monday-Friday March 6-10, 2023 8a-5p

**Lead Instructor:** Steve Bazany

**Instructor:** Stephen Prescott



## IPMBA POLICE CYCLIST COURSE

### Required Equipment & Materials Checklist

#### DUTY BICYCLE

- ☐ Reputable manufacturer public safety bicycle in good working order, properly fitted
- ☐ Street/combination tires (*no knobbies*)
- ☐ Pedal retention devices (*including approved flat pedal/footwear systems*)
- ☐ At least one water bottle and holder
- ☐ Hydration delivery system (*recommended*)
- ☐ High-intensity headlight with four-hour run time
- ☐ Steady or flashing red taillight
- ☐ Rear mount kick stand
- ☐ Rear rack and rack bag
- ☐ Off-road tires (*recommended if the class will ride off-road; consult instructor*)

#### TOOLS

- ☐ Patch kit
- ☐ Tire levers
- ☐ Two spare tubes
- ☐ Compact tire pump or CO2
- ☐ Allen wrenches (4/5/6/8 mm)
- ☐ Wrenches (8/10 mm)
- ☐ Disposable gloves

#### SAFETY EQUIPMENT

- ☐ Bicycle helmet (*approved by ANSI, Snell, CPSC or equivalent*)
- ☐ Eye protection (*shatter-resistant, wraparound, clear and tinted*)
- ☐ Padded cycling gloves
- ☐ Body armor (*if worn on duty*)

#### PERSONAL PROTECTIVE EQUIPMENT

- ☐ Face covering/mask
- ☐ Supply of disposable gloves
- ☐ Hand sanitizer/wipes

#### ATTIRE

- ☐ Full duty bike uniform (*First and Last Day*)
- ☐ Padded cycling shorts (*recommended*)
- ☐ Footwear compatible with pedal retention
- ☐ Foul weather gear
- ☐ Off-road cycling clothes (*recommended if the class will ride off-road; consult instructor*)

#### DUTY BELT/VEST

- ☐ Agency-mandated duty gear

#### RANGE EQUIPMENT

(*if class will include live-fire; consult instructor*)

- ☐ Duty weapon
- ☐ 100 rounds
- ☐ Foam ear protection

#### OTHER

- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Note-taking materials
- ☐ *Complete Guide to Public Safety Cycling* (if not provided by instructor; [www.psglearning.com](http://www.psglearning.com), 800-832-0034)
- ☐ Get Active Questionnaire (GAQ) (*required*) and medical clearance sheet (*if indicated by GAQ*)

Participants will be required to sign a liability release/waiver on-site.