

Student Success Newsletter

St. Philip's College, 1801 Martin Luther King Dr., San Antonio, TX 78203 & St. Philip's College - Southwest Campus, 800 Quintana Rd., San Antonio, TX 78211

Upcoming Dates & Events

For a list of registration, payment dates, and deadlines [CLICK HERE](#)
For a full list of SPC events in AlamoEXPERIENCE [CLICK HERE](#)

October 2023 Hours of Operation

Monday, Tuesday, Thursday	8:00 AM - 6:00 PM
Wednesday	8:00 AM - 7:00 PM
Friday	8:00 AM - 5:00 PM
Saturday 10/07	9:00 AM - 1:00 PM

Celebrating Hispanic Heritage



St. Philip's College celebrates the cultures and contributions of Hispanic Americans in observance of National Hispanic Heritage Month (HHM). [CLICK HERE](#) for details to events and a toolkit to help celebrate HHM at SPC!

Domestic Violence Awareness Month

October is Domestic Violence Awareness Month, a time for us to come together as a college community to raise awareness about the prevalence of domestic violence, and support survivors. Join us in our efforts to educate, advocate, and promote healthy relationships throughout the month.



**HOMECOMING BLUE AND WHITE
SNEAKER BALL
DINNER
& DANCE**

Homecoming Week!

The SPC Homecoming celebrations from October 16-20, 2023 provides an opportunity to rebuild the Alumni and Friends Association, cultivate community support and loyalty, promote the College's programs and services, and enhance financial resources to support the educational mission of the College. [CLICK HERE](#) for the master calendar that has homecoming events listed.

Homecoming Dance: Friday, October 20, 2023 | Doors Open: 7:00 PM
MLK: Bowden Alumni Center (Sutton Learning Center, 3rd Floor)

Event is free and open to the public

Message from our Vice President of Student Success



Hola Tiger Nation Family!

We hope this newsletter finds you well as we dive into the vibrant month of October! This month brings with it several exciting events and opportunities to get involved on campus.

We encourage you to show your school spirit during Homecoming, and stand in solidarity with Hispanic Heritage Month, and Domestic Violence Awareness Month.

Together, we can make October a month of celebration, reflection, and advocacy. Stay connected with us on social media and our website for updates on these events and other exciting opportunities throughout the month. Thank you for being an essential part of our campus community, and we look forward to seeing you at these events!

Remember, you are not alone on this path. We are here to help you succeed. As always, please reach out to me if I can be of service to you at wwells8@alamo.edu.

In service,
Wesley B. Wells
Vice President for Student Success St. Philip's College

Getting Through Midterm Exams



Getting through midterm exams can be a challenging but manageable task for college students. By staying organized, creating a study schedule, seeking help when needed, and practicing self-care, students can successfully navigate this crucial phase of their academic journey. Remember to stay focused, maintain a healthy balance, and believe in your abilities to conquer those midterms. Below are some campus resources to help:

- Visit the [Tutoring and Technology Center](#) to discuss successful study strategies and to rent out a quiet room to study or take your online exam in.
- Speak with [Counseling Services](#) if things are feeling too stressful.
- Visit the [Student Health Centers](#) available on both campuses to discuss self-care and health-seeking behaviors and habits.

Time Management Hacks: Juggling Classes, Work, and Life

Community college can be a challenging juggling act, with classes, work, and personal commitments vying for your time and attention. But fear not, mastering the art of time management is the key to finding balance and success. Here are some time management hacks to help you navigate your busy life more efficiently.

- **Create a Schedule:** Start by mapping out your weekly schedule. Use a planner or a digital calendar to allocate specific time blocks for classes, work, and personal commitments. Having a visual representation of your time can help you see where you have gaps for studying and relaxation.
- **Prioritize Tasks:** Identify your most important tasks and assignments. Not all tasks are created equal, so focus on the ones that have the greatest impact on your academic and personal goals. This ensures you're using your time wisely.
- **Avoid Multitasking:** Contrary to popular belief, multitasking can decrease your efficiency. Instead, focus on one task at a time. Complete it and then move on to the next. This approach typically leads to better results.
- **Eliminate Distractions:** Identify and minimize distractions in your environment. Silence your phone, block distracting websites, and create a focused workspace to boost productivity.
- **Schedule Breaks:** Don't forget to include breaks in your weekly work/class schedule. Make time for self-care to stay refreshed when you need to work.

Helpful Links & Campus Resources

- [College Office Phone Numbers](#)
- [Military Student Resources](#)
- [Campus Life](#)
- [Student Resources](#)
- [Community Resources](#)
- [First Year Experience](#)

Grab & Go Food Pantry MLK - SLC, 102
SWC - ITC, D-143

San Antonio Food Bank Case Assistance Services offered in SLC 101. Reach out to (210)486-2824 or sjones@safoodbank.org for schedule of services.

Phil's Den (Clothes Closet)
MLK - SLC, 110

 SPC's go-to resource for scholarships and financial literacy!

SPC Student Health Centers

- Wellness services
- Licensed Nurses
- [Click here](#) for details

MLK - SLC, 127
SWC - Bldg. 3, 124