



**YOUR PLACE FOR  
LEARNING AND  
COMMUNITY**

**WE OFFER**

## **CONTACT**



210-485-0263 or  
210-485-0240



Patricia Sanchez  
Advisor - Student Success  
[psanchez18@alamo.edu](mailto:psanchez18@alamo.edu)



Westside Education &  
Training Center  
610 SW 41st Street,  
San Antonio, TX 78237



### **COMMUNITY HEALTH**

- Provides health access to people in need
- Promotes healthy living
- Closes health equity gaps among communities
- Develops trust and one-on-one relationships with community members



### **PSYCHOLOGY**

- Helps people make healthy lifestyle choices
- Teaches about factors that impact behavior
- Encompasses biology and sociology
- Shows the relationship of brain and behavior



### **SOCIOLOGY**

- Focuses on social interaction
- Teaches about culture, values and norms
- Studies to understand perspectives of conflict
- Contributes to understanding of groups



ALAMO  
COLLEGES  
DISTRICT



ALAMO COLLEGES DISTRICT  
Northwest Vista College

# LIST OF COURSES

## COMMUNITY HEALTH

---

- INTRODUCTION TO COMMUNITY HEALTH CHLT 1301
- WELLNESS AND HEALTH PROMOTION CHLT 1302
- COMMUNITY HEALTH FIELD METHODS CHLT 1342

## PSYCHOLOGY

---

- GENERAL PSYCHOLOGY PSYC2301

## SOCIOLOGY

---

- INTRODUCTORY SOCIOLOGY SOCI 1301

