# **Community Resource Guide**

Student Advocacy Center Help Line 210-486-1111

### **Crisis Hotlines & Community Referrals**

Community Agency	Address	Phone Number	Services	Fees*
Center for Health Care Services: Crisis	601 Frio	210-223-SAFE (7233)	Mental health crisis assessments, mobile team	F
Center National Suicide Prevention Lifeline		1-800-273-8255	Crisis intervention available 24 hours per day	F
The Trevor Lifeline		1-866-488-7386 211	Crisis intervention for LGBTQ young adults	F
United Way	700 S. Alamo	or 210-227-4357	Referrals to government and community sites	F
Veteran's Crisis Line		1-800-273-8255, Press 1	Referrals for veterans and their families	F

#### **Alcohol and Substance Use Treatment**

Community Agency	Address	Phone Number	Services	Fees*
Alcoholics Anonymous (San Antonio area)	www.aasanantonio.org	210-828-6235	Search for local AA meetings	F
Alpha Home	419 Magnolia St.	210-735-3822	Counseling and groups for adults, residential treatment for women only	\$
Center for Health Care Services	601 Frio, Bldg. 1, #A	210-246-1300	Residential detox, treatment programs	F
Lifetime Recovery	96 Crossroads	210-734-6362	Counseling and groups for adults, residential treatment for men only	\$
Rise Recovery	10226 Ironside Dr.	210-227-2634	Education and support for adults and youth	F
Substance Abuse and Mental Health Services Association (SAMHSA)	www.samhsa.gov	1-800-662-HELP (4357)	Hotline and Treatment Center Locator	F

# Counseling Services and Mental Health Services

Community Agency	Address	Phone Number	Services	Fees*
Advance Clinic (UTHSCSA Psychiatry Dept.)	Various locations	210-450-6450	Counseling and psychotherapy/psychiatry	\$
Catholic Charities Center for Health Care Services (Intake)	Various locations 928 Commerce	210-377-1133 281-261-1250 (adult) 281-261-3350 (child)	Individual, group, parenting/pregnancy Psychiatric services, individual, group, case management	SS \$F
Children's Bereavement Center	205 W. Olmos Dr.	210-736-4847 (HUGS)	Ages 3-24, individual, group	\$F, SS
Eating Recovery Center and Insight Behavioral Health	250 E. Basse Rd.	303-825-8595	Medical and mental health services for eating disorders; support groups	\$F
Ecumenical Center	8310 Ewing Halsell	210-616-0885	Individual, family, group, neurofeedback, testing, and art, music, and drama therapies	\$F
Family Service Association	Various locations	210-299-2400	Individual, family, group, anger management	SS
Laurel Ridge Treatment Center	17720 Corporate Woods Dr.	210-491-9400	Crisis stabilization for adults and youth, programs for veterans and substance abuse	\$
National Alliance on Mental Health (NAMI)	Various locations	210-734-3349	Education and support groups	F
Our Lady of the Lake Community Counseling Services	590 N. General McMullen Dr., #3	210-434-1054	Individual, family, couple, walk-ins welcome – call for walk-in schedule	SS
San Antonio Behavioral Healthcare Hospital	8550 Huebner Rd.	210-541-5350	Crisis services for adults and youth, substance abuse treatment and TMS	\$
St. Mary's Family Life Center	251 W. Ligustrum	210-438-6411	Individual, family, neurofeedback and play therapy	SS
UTSA Sarabia Family Counseling Center	501 W. Cesar E. Chavez Blvd.	210-458-2055	Individual, family, play therapy	F

#### Domestic Violence/ Intimate Partner Violence

Community Agency	Address	Phone Number	Services	Fees*
Bexar County Family Justice Center	126 E. Nueva, 2 <sup>nd</sup> Fl.	210-631-0100	Criminal and civil legal services for domestic violence victims, counseling available	F
Family Violence Prevention Services, Inc.	7911 Broadway	210-733-8810	Emergency shelter, mental health, and housing services for domestic violence victims	F
The Rape Crisis Center	4606 Centerview Dr., Ste. 200	210-349-7273	Crisis hotline, hospital support, counseling for survivors and their families and friends	F

### Housing, Food, and Family Services

Community Agency	Address	Phone Number	Services	Fees*
Christian Assistance Ministry (CAM)	110 McCullough	210-223-4099	Food, clothing, financial assistance	F
CPS Energy Customer Assistance Program	Various locations	210-353-2222	Utility assistance	F
Ella Austin Community Center	1023 N. Pine St.	210-224-2351	Youth and senior programs, utility and food assistance	F
Haven for Hope	1 Haven for Hope	210-220-2357	Emergency shelter, transitional housing	F
Inman Christian Center	1214 Colima	210-222-9641	Childcare, food pantry/ baby items, housing	F
Martinez Street Women's Center	801 N. Olive	210-908-9772	Health and parenting workshops	F
MCH Family Outreach	4606 Centerview Dr. Ste #100	210-733-3904	Crisis intervention for families, support for parent and grandparents, case management	F
Salvation Army	Various locations	210-352-2000	Emergency shelter, transitional housing, food, utility assistance	F
SAM Ministries	5254 Blanco Rd.	210-340-0302	Rent, utility and housing assistance	F
Family Assistance Centers	$106$ S. St. Mary's, $7^{th}$ fl.	210-207-7830	Utility assistance; career readiness	F
San Antonio Financial Empowerment Centers	Various locations	Visit website	One-on-one financial counseling	F
San Antonio Food Bank	Various local sites	210-431-8326	Emergency food assistance for people and pets	F
San Antonio Water System Uplift Program	www.uplift.saws.org	210-233-CARE (2273)	Apply for programs to lower water payments	F
South Alamo Regional Alliance for the Homeless (SARAH)	www.sarahomeless.org	210-876-0720	Housing resources available	F

# **Legal Services**

Community Agency	Address	Phone Number	Services	Fees*
Community Justice Program	Various locations	210-227-1853	Legal advice on family law, wills; veterans	F
San Antonio Community Law Center	322 W. Woodlawn	210-271-9595	Legal services for those who cannot use Legal Aid	SS
Texas Rio Grande Legal Aid	1111 N. Main Ave.	1-888-988-9996	Family law, civil rights, wills, sexual assault, labor	F

#### Medical and Other Health Services

Community Agency	Address	Phone Number	Services	Fees*
Alamo Area Resource Center	303 N. Frio	210-625-7200	Health and social services for those living with HIV/AIDS	F
La Mision Family Health Care		210-626-0600	Medical, dental, assistance based on need	\$
Methodist Community Health Center	507 St. James	210-354-3911	Minor medical care for uninsured	F
Methodist Healthcare Ministries	Two locations	210-527-1505 (Dixon) 210-922-6922 (Wesley)	Medical, dental and mental health services for those who do not have insurance	SS
Needy Meds	www.needymeds.org	1-800-503-6897	Free/low-cost health care providers and medicine discount program	F
RxAssist	www.rxassist.org		Free/low-cost medication programs	F
RxHope	www.rxhope.org		Prescription assistance programs	F
University of Incarnate Word Bowden Eye Care and Health Institute	2547 E. Commerce	210-619-7020	Discount program for eye exam, glasses and contacts	\$

#### **Veterans Assistance**

Community Agency	Address	Phone Number	Services	Fees*
Family Endeavors (Military Family Clinic)	6363 De Zavala	210-399-4838	Counseling, case management, financial	F
	Road, Suite 300	0.00.00.00	assistance	_
SPC Good Samaritan Veteran's Outreach & Transition Center (GSVOTC)	202 Connelly St. (near SPC campus)	210-486-2185	Discover and access community resources for veterans and their families	F
Vet Center	Two locations	1-877-WAR-VETS	Counseling, individual, group	F

St. Philip's College does not endorse and cannot guarantee the quality or reliability of any agency or service provider.